



Dedication

1962 - 1963

This book is hereby dedicated to

Our Profession

And those entrusted to our care.



Psychiatric Nurses' Pledge

I Do Hereby Pledge

my whole-hearted service to those entrusted to my care, endeavouring to all times to understand the patient's individual, emotional and physical needs and differences. To that end I will strive for skill in the fulfilment of my duty, holding sacred and inviolate all confidences entrusted to me.

I Promise

to respect the personal rights and privileges of my patient and to do all in my power to prevent or alleviate physical or psychological discomfort.

I Will Always

be kind, tolerant and just. I will endeavour to cultivate a keen sense of observation and an understanding attitude.

I Acknowledge

the dignity of my profession and accept the obligation it implies. I will faithfully perform my duties and will give the utmost in co-operation to those persons with whom I associate in ministering to the mentally ill.

All Of Which I Pledge On My Sacred Honor



Louise Goota, Editor

EDITORIAL

Yearbook is an endeavor to preserve a student's life for future reminiscenses. It incorporates the pain and pleasure of our duty, the ideals and knowledge taught, the experience of adulthood and the rewarding burden of service found on our journey up the high road to professionalism.

From the Yearbook staff and myself, may I extend our appreciation to those who encouraged us to hold our lamps high, and give the incentive to make this publication.

Louise Goota

YEAR BOOK STAFF



(standing) Rose Matovitch, Thorald Skafte, Norman Seib, Sherry Genest (seated) William Shordee, Oresteen, Kulyk, Louise Goota, Albert Kildaw

Editor	Louise Goota
Laitor	Double Good
Asst. Editors	
	Lois Smart
Advertising .	
Photography	
Literary	Oresteen Kulyk
	Norman Seib
	William Shordee
Typist	
Art	Sherryne Genest

A Message from the Superintendent



Dr. M. Demay

To the Members of the Graduating Class

The Executive Officers of the Student's Council have engaged in another praiseworthy project. As they assumed the responsibility for the preparation and publication of this yearbook, they have displayed an extra degree of initiative and capacity for the task. The result of their efforts will prove very interesting, not only at this time but also in the years to come, to bring back pleasant memories.

To the members of the Graduating Class I offer hearty congratulations. Their knowledge and skills will be continuously open to new avenues of venture, but Psychiatric Nursing will always offer them a rich field of endeavour in terms of challenges and dedication. May these new Graduates be ever successful in their chosen profession.

M. Demay, M.D.,

M. Demay, M.D., Superintendent.



Miss M. Richardson Superintendent of Nursing.

A Message from the Superintendent of Nursing

To the Members of the Graduating Class

To you, the members of the 1963 Graduating Class, may I offer my sincere congratulations. The attainment of your goal has been reached through much effort. Merited success is achieved through your endeavour. I trust the future will offer you opportunities for which you will enjoy happiness and contentment.

(Miss) M. Richardson, Superintendent of Nurses.

Melba Kehardson

MEDICAL



Dr. Matheu

PERSONNEL



Dr. Tuason



Dr. Poulakakis



Dr. Marierrison



Dr. Kamstra



Dr. Podilsky



Dr. Saldivar



Dr. Varsanyi



Dr. Jedlicki



Dr. Del Rosario



Dr. Uguralp



Dr. Ehrlich



Dr. Onel



(I-r beginning at the top) Mrs. H. Keogh, Mr. W. Edwards, Mrs. W. Schneider, Miss M. Milne, Mr. J. Hoskin, Miss M. Forshner, Mr. S. Parkington, Mrs. S. Lamond, Mr. L. Gubbe, Miss D. Mills, Mr. J. Crysler, Mrs. M. Antoniades, Mr. B. Adams, Mr. J. Nicholson, Mr. C. Converse, Mr. M. Lasiuk, Mr. A. Gantefoer, Mr. Bottema, Mr. C. King (missing)





















OFFICES



















J. Hogger, R.N., R.P.N.

TRAINING PERSONNEL



A. Bosner, R.N., R.P.N.



D. Gallagher, R.P.N.

K. Bohdanecky, R.N., R.P.N.



Y. Keith, R.N., R.P.N.

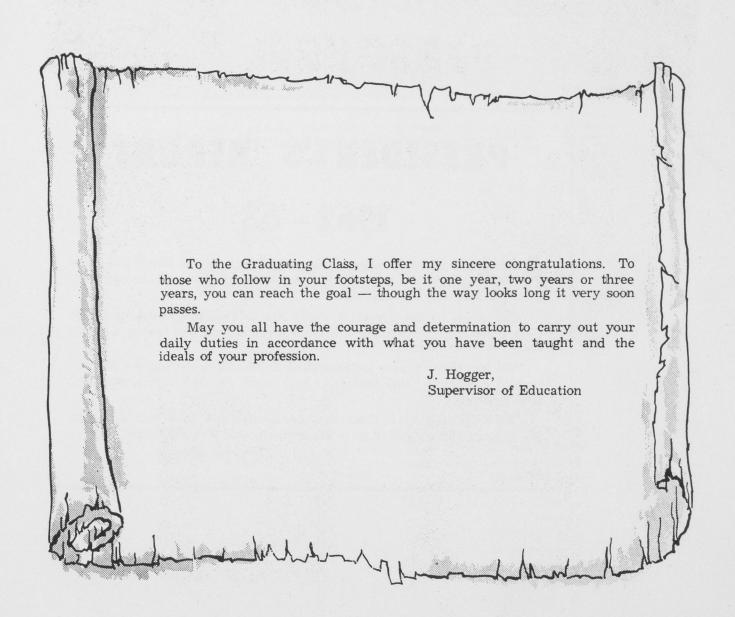


E. Klein, R.N., B.S.N.



A. Dodds, Dietician, B.H.Ec.

Message from the Supervisor of Education





Miss Phyllis Wagner, President.

PRESIDENT'S REPORT

1962 - 63

As President, I would like to take this opportunity to thank the members of the Student Council for the interest and co-operation shown throughout this past year.

On behalf of the Council I would like to express our thanks to the Year Book Staff for making this book possible, and also to the Student Body for their support.

We feel that we have accomplished something in getting the Student Council reorganized this year and have hopes for its future growth and development.

We wish next years Council every success and trust you will have the support and co-operation of the students and entire hospital staff.

- Phyllis Wagner



Standing — Walter Wychopen, Albert Kildaw, Garry Delaney, Pat Senkow, Ila Calwell, Audrey Schmidt. Seated — Karin Longlitz, Norman Seib, Phyllis Wagner, Donna Hoffman.

STUDENTS' COUNCIL

President	Phyllis Wagner
Vice President	Norman Seib
Second Vice President	Karin Longlitz
Secretary Treasurer	Donna Hoffman
Class Representatives	Walter Wychopen
	Albert Kildaw
	Garry Delany
	Pat Senkow
	Ila Calwell
	Audrev Shmidt

Proficiency Award Recipients

Award for Highest Academic Standing

Presented by the Medical Staff, Saskatchewan Hospital North Battleford

Mr. Jean G. Martin

Award for Psycho-Geriatric Nursing

Presented by the North Battleford Branch of the Canadian Mental Health Association

Miss Oresteen M. Kulyk Mr. Jean G. Martin

Award for General Proficiency

Presented by the Sask. Council of the Psychiatric Nurses' Association

Miss Phyllis R. Wagner. Mr. Jean G. Martin

The Doctor Coulter Memorial Award for Psychiatric Nursing

Presented by the North Battleford Psychiatric Nurses' Association

Miss Jenny A. Shumlich Mr. Walter A. Edwards



Mr. Jean G. Martin

Miss Jenny A. Shumlich



Miss Phyllis R. Wagner





Mr. Walter A. Edwards

VALEDICTORY



oday marks the end of our training for Psychiatric Nursing. When we started our course, three years ago, we looked at graduation as a very long term goal, almost beyond our reach; now, our perspective of time has changed and it seems only a short time since we experienced the anxiety of our examination.

Our training involved hard work, disturbing experiences and studies which often seemed to bear little relation to our main objective. But, by facing these demands and fulfilling them, we are obtaining not only a Psychiatric Nursing diploma, but also a sense of achievement which will remain with us throughout the rest of our lives.

Today also marks the separation of the members of this class, and for this experience a tinge of sorrow. Together, we have shared moments of stress preceeding the examinations, the unseemingly long wait for our marks, the long hours of study and also many happy moments during social gatherings.

Some of us will use the course as a stepping stone to the acquirement of further studies and with them, go our best wishes for the fulfillment of their goals. To those who are going to stay, incur the responsibility to further their knowledge in order to remain a productive member of the team that contributes to the care of our patients.

Psychiatric Nursing is a dynamic field and, only by keeping up with the new developments in our profession, can we hope to serve the function for which we have been trained.

We are very fortunate to enter a career offering the opportunities of working in a field which presents unlimited scope for achievement, purpose and personal satisfaction.

Our deepest gratitude goes to our parents who are directly responsible for the honor bestowed on us today.

Through their sacrifices and good example, they gave us the opportunity to incorporate a set of values and education needed to become eligible for this training. We are most thankful to them for giving us the privilege to enter a field where we can secure a reward, as helping people not as fortunate as we are.

Our thanks also to the administration, doctors, head nurses, supervisors, and senior nurses for their understanding and valuable help. To them, we pledge to be as efficient as possible, to make up for our past inadequacy with which they graciously delt.

Thanks also to our teachers for their patience and devoted help in many areas of difficulty which we encountered. Our best wishes of luck to our junior classes in the achievement of their goals. If they feel that "the sword of Damocles" is hanging over their heads, may we tell them that hard work and real interest will give them the necessary confidence to reach their own graduation.

Tomorrow, we will work in our profession under a new status. May we take the pledge to remain the Psychiatric Nurses we have been trained to be, to better our knowledge to the best of our ability, so that we can give with confidence, and will, the best care to these entrusted to us.

In closing I would like to quote a short poem by Thomas Gray, titled: Always Finish -

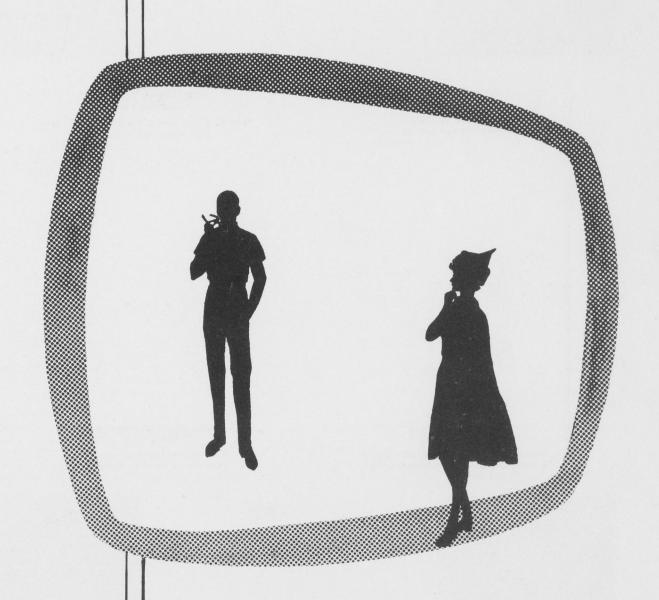
"If a task is once began

Never leave it till its done

Be the labour great or small

Do it well or not at all."

- John Martin



GRADUATES





MRS. MIRIAM OWEN North Battleford

And will thy dole
buy hyancinths to feed thy soul
— Persian

MR. ARTHUR BERTRAND Cutknife Sask.

Give truth and your gift will be paid in kind And honor will honor meet — Bridges

MRS. SYLVIA DUBYK Wadena Sask.

And of thy light the darkness sought To escape the places thy presence brought

MISS FELICITAS KOLENOSKY Wilkie, Sask.

Love and beauty both combined Thier virtues with an eager mind







MR. EDWARD TRONSGARD
North Battleford

Be mine a philosopher's life
— Tennyson



MISS ILA CALWELL Elrose, Sask. Give me a kindly heart A heart whose core is gold

MISS SHERRYNE GENEST Melfort, Sask. Fair without, faithful within

MR. JOHN MARTIN
North Battleford

"It's a challenge to go onward —
Nothing ventured, nothing gained."

— McGillvery







MR. STANLEY WYCHOPEN
Edmonton, Alta.

And thou, in this,
shall find thy monument.



MISS PHYLLIS WAGNER
Unity, Sask.

In cheerful godliness,
and yet thy heart,
the lowliest duties on herself
did lay.

— Wordsworth

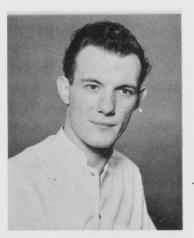
MISS LOUISE GOOTA Prince Albert

Her smile was rare, but once bestowed, T'would charm away December. MR. STANLEY PIETRAS
North Battleford

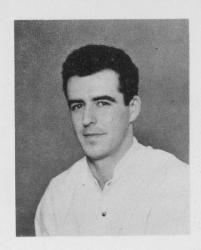
All we have willed or dreamed of, good shall exist.

- Browning









MISS JEAN SHUMLICH North Battleford, Sask.

Haill Mistress of the merry tongue, Of lovely wit and laughing mood. — Rose MR. WALTER EDWARDS
North Battleford, Sask.

I seek the great Highway,
A road of truth and life.

— Longfellow

(missing are Mr. Bentley Smith, Miss Betty Heidt, Miss R. Cyr, Miss Florence Asachoff, Mrs. L. Smith, Miss A. Reider and Mrs. R. Campbell

MISS ORESTEEN KULYK Melfort, Sask.

Serene and resolute and still, Calm and self possesed.

- Longfellow

MISS AUDREY SCHMIDT Wilkie, Sask.

The good stars in your horoscope, Made you of fire, spirit and dew.





SEMINARS

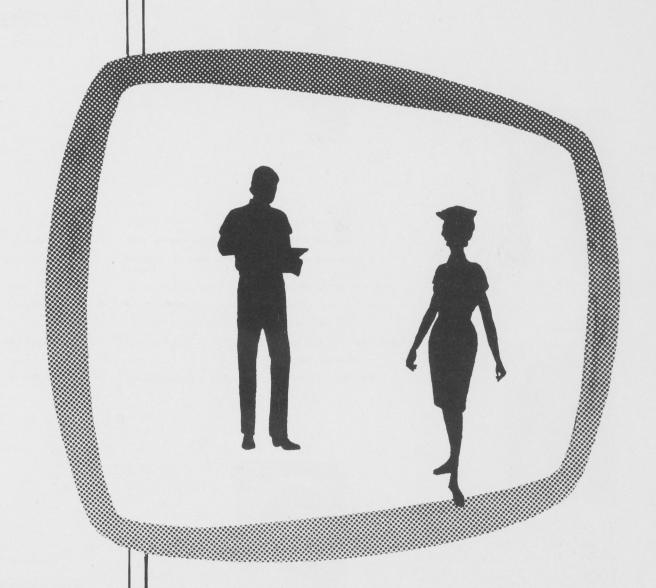








SEMINARS



INTERMEDIATES





V. Krakowski



F. Brausen

NAME

Miss. V. Krakowski

Mr. F. Brausen

Miss M. Kunz

Mr. H. Johnson

Mr. J. Krushelniski

Mrs. H. Lipsey

Mrs. R. Matovitch

NOTED FOR

long distance phone calls

studying on duty and getting

caught

pleasant disposition

his ready wit

his big heart

Guy

compulsive point of view

AMBITION

meet the uncle

a car that runs

to be a domestic slave

do a psychoanalysis survey of

New York city

live fast, love hard, and die young

public speaking

to win an argument



M. Kunz

R. Matovich



H. Lipsey



J. Krushelniski



H. Johnson - missing



J. Peart



J. Richardson



S. Solanik

NAME	NOTED FOR	AMBITION
Miss J. Peart	Multicolored hair	Own a bedroom suite
Miss J. Richardson	Small feet	Veterinarian
Mr. A. Kulyk	Free bus service	Get everybody there on time once.
Mr. J. Pruden	Mustache	Grow a beard
Miss P. Solanik	Blushes	Clan spokesman
Miss P. Senkow	Big drowsy eyes	Free Cuba
Miss K. Thalheimer	Nothing (she says)	To raise her dog

J. Pruden



P. Senkow







N. Seib



N. Unger



W. Wychopen

P. Allcock



NOTED FOR Musical Expression His proficiency visits to residence Platform Twisting French accent Southern drawl Undying support of the services

AMBITION drive a "cannonball" Get the award. Master ice walking Shooting gallery Stunt man California World peace



E. Audette



N. Emmerson



I. Grosjean





O. Hein



D. Hoffman

NAME

Miss S. Harland

Mrs. O. Hein

Miss D. Hoffman

Mr. H. Lajimodiere

Mr. Sherling

Miss K. Longlitz

NOTED FOR

optimism

anything

A's

clan disruption

ability to fail nursing

that giggle

AMBITION

live 48 hours out of every 24

H. Lajimodiere

get out of second year

more A's

escape

acquire own nurse

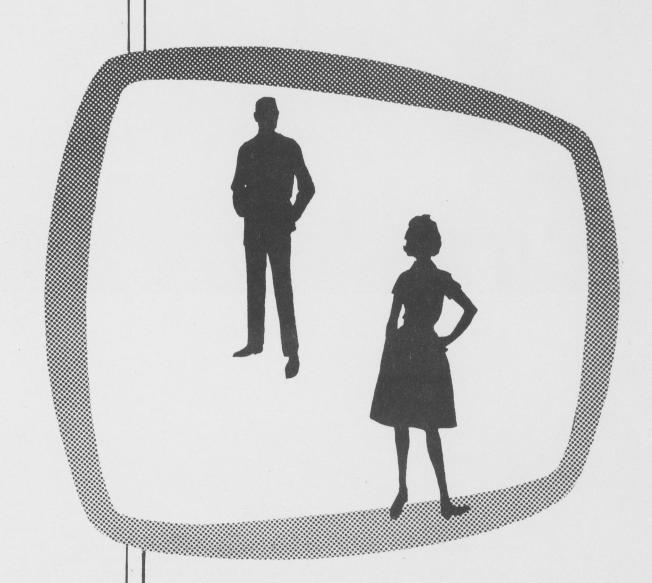
to be a hockey player





K. Longlitz





JUNIORS





Back row: left to right
Clarence Wittig, Eugene Feist, Keith Pahl, Wilfred Pruden, Thorald Skafte
Front Row: left to right
Dianne Mitzel, Patricia Marshall, Rose Marie Zarubiak, Jean Tolley



Back Row: left to right
Garry Delany, Anna Marie Toews, Marilyn Redl, Laura Konotopetz, Abe Newfeld
Front Row: left to right
Paulette Sansregret, Lois Smart, Ione Hanson, Lila Odishaw, Della Martin

Back Row: left to right
William Shordee, Albert Kildaw, Marvelle Rogers, Myrtle Borgeson, Ernest Uwiera
Front Row: left to right
Barbara Prior, Jean Adolph, Dorene Loerzel, Mary Teirney, Janice Ziola



Capping

pĭ	ROGRAMME
•	Karl Bohdanecky, R.N., R.P.N.
Processional Chairman	"O CANADA" Miss M. Richardson, R.N., R.P.N., Superintendent of Nursing Superintendent of Nursing Supervisor, Social Work Supervisor, Social Work
Invocation	Dr. M. Demay, Superintendent of the Hospital
Address	Dr. J. E. Nunn W. Schneider, R.P.N.
Address ———————————————————————————————————	Mr. J. Crysler, R.P.N. Mr. J. Crysler, R.P.N. Deputy Head Nurses Deputy Head Nurses
Introduction of the Students	Deputy Head Nurses Deputy Head Nurses Mr. J.F. Hogger, R.N., R.P.N., Supervisor of Education Supervisor of Education President, Student Council
Welcome to the Students	PPN
Presentation of Certificates Ward Management and	Head Nurse Snow, B. Comm., Administration
duction of Recipients -	Miss R. Arnott, R.P.N.,
Psychiatric Nurses Pledge	"GOD SAVE THE QUEEN" Social Hour

1962 GRADUATES



(Standing I-r back row) A. Morgan, V. Almand, V. Trytten, B. LeGoffe, R. Barker, R. Verret, E. Feist, M. McGuire, G. Rawlins, W. Dubyk, C. Dalchaug.

(Seated, I-r) L. Brown, L. Gillies, M.Ross, J. Zary, B. George, G. Ziola, M, Cregan, H. Gray, J. Wourms, U. Lehne.

1962 AWARD RECIPIENTS

Mr. Roland Verret — The Dr. A. R. Coulter Award; Miss Grace Ziola — The Dr. A. R. Coulter Award; Miss Louise Gillies — Proficiency Award; Mr. Ralph Barker — Proficiency Award and the Psycho-Geriatric Award.

Missing: Mr. Victor Almand — Highest Academic Award; Mrs. Marleen Ross — Psycho-Geriatric









PERSONNEL

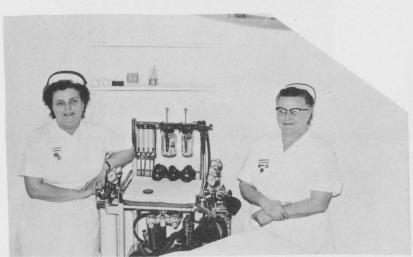


STORE





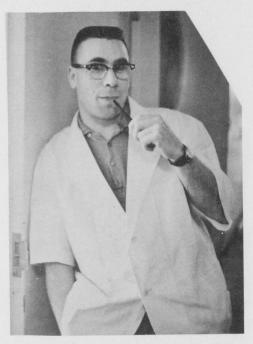
KEY BOARD



O. R.



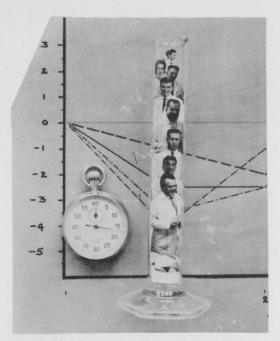
SOCIAL WORK



GERIATRIC BARBER



BARBER

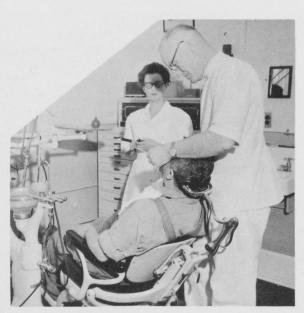


RESEARCH

MAIN CANTEEN



GERIATRIC CANTEEN



DENTIST



LAUNDRY



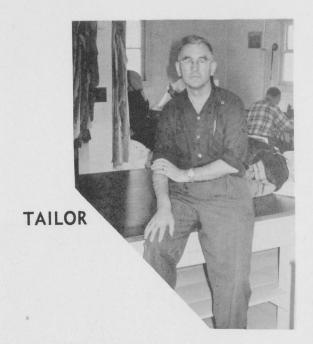


COOKS



O. T.





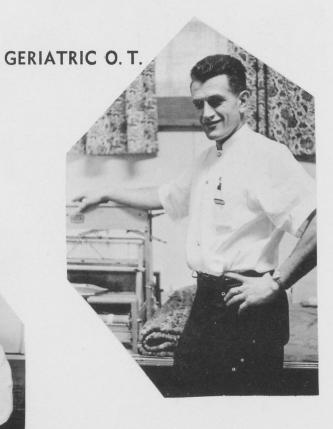


DRY CLEANING



LABORATORY





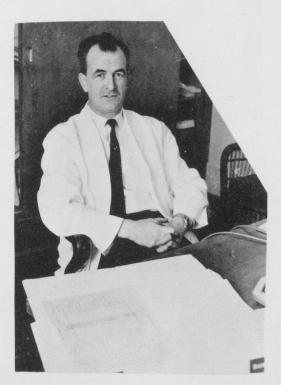


DIETICIAN

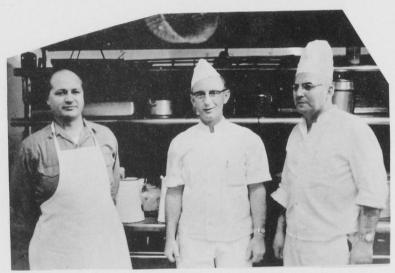


RECREATIONAL THERAPY





PSYCHOLOGY DEPARTMENT

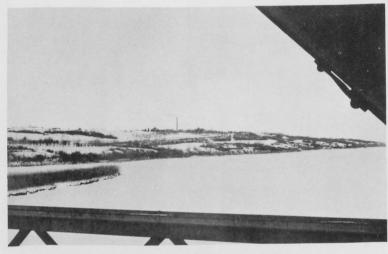


GERIATRIC COOKS



DOMESTIC REHABILITATION





VIEW FROM THE BRIDGES

S. P. N. A. EXECUTIVE







(SEATED, L-R) Mrs. J. Reynolds, recording secretary, Mrs. M. Eby, executive member, Mrs. E. Carter, president, Miss R. Arnott, vice president, STANDING, L-R) Miss D. Mills, secretary treasurer, Mr. J. Crowston, executive member.

Congratulations

TO THE

GRADUATES!

FROM

YOUR SPNA

Wishing You Every Success in your Psychiatric Nursing Profession

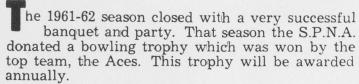
SASKATCHEWAN PSYCHIATRIC NURSES ASSOCIATION

NORTH BATTLEFORD BRANCH

SPORTS REVIEW

By Ed Tronsgard

BOWLING



An 18 team league during the first half of the 1962-63 season is an indication of the growing sports popularity.

Teams making the playoffs after a half seasons play were: The Bomarcs, The Thunderbirds, The Roughies, and the Rock'n' Rollers.

The S.H.B.L. executive is as follows:

President - John Crowston Vice Pres. - William Coldwell Sec. Treas. - Gordon Olsvik

There are presently 15 teams in the league and the latest standings and captains are:

- 1) Aces Grant Ross
- 2) Thunderbirds Lorraine Bellegard
- 3) Rock 'n' Rollers Gordon Olsvik
- 4) Roughies -Gordon Olsvik
- 6. Valiants Virgil Trytten
- 6) Valiants Virgil Tytten
- 7) Twisters Ben Smith
- 8) Hot Spots Fred Dootoff
- 9) Bomarcs Bill Calwell
- 10) Jets Bill Shordee
- 11) Mariners Norman Pulver
- 12) Marvells Jerry Pruden
- 13) Guardians Joe Kashmarski
- 14) Specials Larry Thompson
- 15) Clippers Dorothy Mills

CURLING

ue to mild weather conditions the 1962-63 curling season commenced on January 7, 1963.

The following club officers were elected:

President - Ray Klotz Vice Pres. - Les Rowley Sec. Treas. - Jake Krause



The Saskatchewan Hospital bonspiel which started on Feb. 18 consisted of the following events: The Grand Challege, Association, Wholesalers, Retailers, Consolation.

These events at publishing time were about half finished with the competition keen and tough.

The Saskatchewan Hospital rink consisting of skip Ken Howrie, third, Doug Belyk, second Jim Hamilton and lead Orest Sawchuk barely missed representing North Batleford and district in the northern provincial brier when they were beaten 13-10 by Jack Taylor in the finals. Congratulations on a fine effort!

LADIES SOFTBALL

The Beaver Aces were formed of players from three teams; Metropole, the Beaverettes, and Saskatchewan Hospital Aces. The executive were as follows:

President - Eunice Lehne

Secretary Treasurer — Jane Shury

Captain __ Eunice Lehne

Assistant Captain — Vi Kulchiski

Manager — Bill Rohn

Coaches - Fred Reinbolt and Ab Bidart

In the senior B playoffs, the Beaver Aces defeated the Saskatoon Imperials two games straight and the Fairholm Cubs thus winning the Northern finals. The Aces ended a successful season by defeating Biggar in the semi-finals and the Saskatoon Imperials 9-1 at a tournament in Rosetown. The provincial finals were won by the Sedley team in defeating the Beaver Aces three games to one.

"Play ball!"

TENNIS

ack Luty captured top honors for the fifth consecutive year in the Saskatchewan Hospital tennis tournament defeating Gene Rawlins 6-1,6-3 in the final match In the semi-finals G. Rawlins defeated Dr. Saldivar 8-6, 6-3. Jack Luty went through the preceding round-robin undefeated. Sixteen teams participated.

The Saskatchewan Hospital Tennis Club was organized by the hospital's recreational department headed by Mr. Ken Richardson. Mr. Richardson and members of the club expressed the wish that more young people of both sexes would come out and take advantage of available instruction and facilities.

TO THE BROTHERHOOD

Differentiation -

neurotic - builds castles in the air
psychotic - lives in them
psychiatrist - collects the rent

The nurse in a college infirmary was quite distraught. "I think the patient in room 312 is regaining consciousness doctor. He tried to blow the foam off his medication".

Did you hear about the rich Texan who wouldn't let a doctor paint his throat until he had consulted an interior decorator.

One psychiatrist to the other on a street corner "You look fine! How am I?"

The psychiatrist told the patient "You have a split personality. \$50 for each please."

Psychiatrist to male patient. "Did this insignificant feeling develop suddenly or come naturally after your marriage and parenthood.

Did you hear about the psychiatrist who had his office redecorated in overwrought iron?

The rich Texan saw his psychiatrist. "I need your help badly Doc. I'm in a bad way. I've been a Texan all my life and now I don't give a —— anymore."

SAD NURSERY RHYMES

Little Bo Peep has lost her sheep
They don't know where to find her —
She had a long list but somehow she missed,
And there's visitors lost all behind her.

Little Boy Blue come blow your horn — The H-Hut boys are raiding the corn; Where is this lad whose neglect is at fault, Boiling the water and adding the salt. The Queen of Hearts baked some garlic tarts For the King's late supper we'll say; Unfortunate things fall to odorous kings He was sent 'cross the river that day.

Mary Mary quite contrary

There's a two o'clock curfew you know —

The excuse isn't made that can possibly evade

That office where such students go.

A diller, a dollar, an eight o'clock scholar; Oh student you're walking on ice, There are certain things done, but this isn't one To continue with, is my advice.

LAMENT OF A PYSCHOANALYST'S WIFE

I never get mad — I get hostile.

I never feel sad — I'm depressed.

If I sew or knit, and enjoy it a bit,
I'm not handy — I'm merely obsessed.

I never regret — I feel guilty; And if I should vacuum the hall, Wash the wood-work and such And not mind it too much, Am I tidy? — Compulsive is all.

If I can't choose a hat, I have conflicts With ambivalent feelings to net.

I never get nervous or worried —
Anxiety — that's what I get.

If I'm happy I must be euphoric; If I go to the Stork Club or Ritz And have a good time Making puns or a rhyme, I'm a manic — or maybe a schiz. If I think that the doorman was nasty I'm paranoid, obviously,
And if I take a drink
Without stopping to think,
Alcoholics Anonymous, that's me.

If I tell you you're right
I'm submissive,
Represing aggressiveness, too;
When I disagree
I'm defensive, you see,
And projecting my symptoms on you.

I love you, that's just transference With Oedipus rearing it's head. My breathing asthmatic Is psychosomatic, A fear of exclaiming "Drop Dead".

I'm not lonely — I'm simply dependent.
My dog has no fleas — just a tick.
If it seems I'm a cad,
Never mind — just be glad,
That I'm not a stinker — I'm sick.

Snaps and Traps

- 1. one, two, cha, cha.
- 2. tripped.
- 3. light fantastic
- 4. really?
- 5. wow!!
- 6. here's to you.
- 7. woo-wooo-wooo
- 8. B. B.
- 9. oh, Icouldn't
- 10. minstrelling
- 11. five nurse-iteers
- 12. I tank I go home now.
- 13. cooperate!
- 14. ooh, that smell.
- 15. I feel so good.
- 16. gottcha.
- 17. Rock Hudson.
- 18. he blew!
- 19. and this is my mother.
- 20. keep your distance.
- 21. match, buddy?
- 22. big three.
- 23. where's my camel?
- 24. yes, Jesus loves me.
- 25. bushed!
- 26. exercising?
- 27. peek-a-boo
- 28. ma cherie.
- 29. coward!
- 30. darling
- 31. tee hee hee!
- 32. what a party!
- 33. musicians?

- 34 name and address?
- 35. what Eiffel Tower?
- 36. huh, a party?
- 37. Mr. Inbetween
- 38. let go of that!
- 39. my boys
- 40. knit one, pearl one.
- 41. the shift.
- 42. slap, slap.
- 43. ego-builder.
- 44. the wee hours.
- 45. oh gee!
- 46. I don't like it.
- 47. the lonely life.
- 48. come wiz mee.
- 49. forgot my shirt.
- 50. okay, shoot.
- 51. barefoot Contessa.
- 52. coffee break.
- 53. cheeze!
- 54. steady there.
- 55. halloo dere!
- 56. I eat Wheaties!
- 57. Itchy-kitchy-koo!
- 58. get me the cops.
- 59. Sleeping Beauty.
- 60. is that you dear?
- 61. work-out.
- 62. Mr. and Mrs. Wychopen.
- 63. you lucky girls!
- 64. Mr. and Mrs. Pietras
- 65. head office
- 66. listen to that!

- 67. beat.
- 68. who called?
- 69. Mr. and Mrs. Trytten
- 70. not interested.
- 71. case history.
- 72. dead-line
- 73. our chauffeur.
- 74. obsessive compulsive
- 75. dare me?
- 76. reversed tactics.
- 77. hi ho silver.
- 78. "the unseeables".
- 79. cough up three fifty.
- 80. H-Hut Christmas tree.
- 81. I'll get you later.
- 82. I do so drive!
- 83. timidity and all.
- 84. and I floored it.
- 85. and the girls pushed.
- 86. tennis in house slippers?
- 86 A. Beauty and the bags.
- 87. Hollywood or bust. (or leg)
- 88. Locked fire escape.
- 89. 6:31 a.m.
- 90. Take off!
- 91. Practising witchery.
- 92. Bumps and grinds.
- 93. Calling Ben Casey.
- 94. A Yatchy!!
- 95. Merry Christmas.
- 96. Yearbook Hysteria
- 97. Did this man ever work at all



































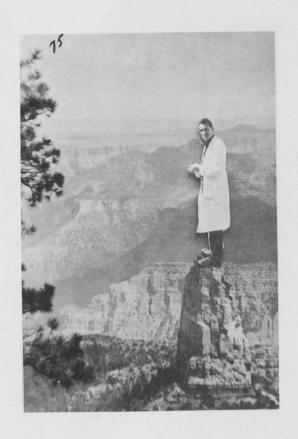




















Last Will and Testament

e the graduating class of '63, most talented and unafflicted products of influential influence, do hereby generously bestow our most prized idiosyncrasies to our fortunate successors with the hope they will be used in the light intended. We, therefore, and hereby declare this our last will and testament:

NAME

Mariam Owens Ed Tronsgard Ila Calwell Stan Peitras Audrey Schmidt Walter Edwards Felicitas Kolenosky Ben Smith Sherry Genest Arthur Bertrand Jean Shumlich Stan Wychopen Oresteen Kulyk

Phyllis Wagner

John Martin Louise Goota

Sylvia Dubyk

GIFT

Throwing knives European common market Red tail lights Bachelorhood Five string guitar Seminar office Sun tan Dog paddling Fried egg sandwiches Prospects and pins Edmonton trips Tapes? Electric fox collar Student Council French accent Right hook Honeymoon

FORTUNATE ONE

Walter Wychopen Kathy Thalheimer Rose Matovitch Nel Unger Jerry Pruden Noni Emmerson Joan Peart Sylvia Solanik Ester Audette Helen Lypsey Judy Richardson Donna Hoffman Harold Lajimodiere Norman Seib Pat Senkow Irene Grosjean John Krushelniski

THOSE WHO HAVE EXTRA TALENTS BEQUEETH!

NAME

Sherry Genest Felicitas Kolenosky Jean Shumlich Art Bertrand Ed Tronsgard Ben Smith Stan Wychopen Walter Edwards Phyllis Wagner

GIFT

Sales resistance Stretch pants Bus service Tracheotomy tubes See here! Home cooking Purple dreams Continental walk B - plex plan

FORTUNATE ONE

Roy Sherling Andy Kulyk Herb Johnson Karen Longlitz Carol Kunz Veronica Krakowski Olive Hein Sandra Harland Lynn Alcock



hrough an auto accident I ran into an old buddy of mine, and as the vehicles were being differentiated we chatted across stretchers in a "do you remember" talk. I learnt that John Martin is now professor of Ukrainian at Vassar's Women's College and is doing well too. Oresteen Kulyk is a professional flag-pole sitter in Florida, spying on Audrey Schmidt's vicious guerilla tactics leader in Cuba while Sherry Genest is chief sanitary officer in the town of Brada (second man-hole right turn) Phyllis Kolonowski is a stunt man in Bonanza and Arthur Bertrand is giving lessons on mummification to Egyptian Battlefordonians.

Stan Peitras and his singing agent Ila Calwell are famous for his portrayal of Madame Butterfly at a command performance in London. Ed Tronsgard was unrecognizable as chief beatnik and

bottle smasher in a Greek cafe in Athens while Marion Owens runs a lighthouse on the east coast of Canada aided and abetted by her sailor-friend-turned-beach comber, Stanley Wychopen. Phyllis Wagner is now a registered Sask. egg candler in a basement premises whose top floor is a billiards hall owned by a former clan-mate Jean Shumlich. The gay Sylvia Dubyk has formed a termite extermination business for her present town, being in league with Walter Edwards now retired officeboy who collects rare fly specimens. Ben Smith is filthy rich in New York, owning a line of 5th Avenue junk yards and antique shops while Louise Goota is now a certified plumber, having had trouble with leaking rads in the past. Strange, strange the way things turn out isn't it . . . I thought as the Dr. pulled the sheet over my face.

CONGRATULATIONS

expension of the future with courage and understanding is all we wish for any member of the graduating class of 1963. Your responsibility is to add to the world's store of knowledge, deepen your insights and develop new skills in your chosen field of psychiatric nursing. If you accomplish this to the fullest extent of your potential the world will be a better place because you lived, studied and worked in it.

Dorothy Gallagher, R.P.N.

y congratulations upon your graduation and my best wishes for your success and professional fulfillment.

At this time I would like to pass on to you, Dr. Karl Menniger's philosphy of modern psychiatric nursing.

"In the modern psychiatric hospital, more important than feet or hands or brain, are the manifestations of the nurse's heart. What he or she is, will do more for the the healing of the patients in her charge than what she or he does or knows. If you have the maturity and the deep inner wisdom to be able to love even the people you do not like, you will be a good psychiatric nurse and you will help frightened, desperate, hopeless patients to get well."

Annie W. Bosner, R.N., R.P.N.

rusting your future career will bring you the stimulus, ability and fulfillment of enriching the lives of others, as well as your own, I shall leave you with this quote by Charles Kingsley, to ponder whenever you feel you cannot make that extra effort.

"Thank God every morning when you get up that you have something to do which must be done, whether you like it or not. Being forced to work, and forced to do your best, will breed in you temperance, self-control, diligence, strength of will, content, and a hundred other virtues which the idle will never know,"

Sincere Congratulations, Evelyn Klein, R.N., B.S.N.

Letter to the Graduating Class

Dear Graduates,

As it is customary I wish to add, with many others, congratulations in this your graduation day.

The subject of nursing as a profession is not new to you. You have been learning from study, from your experience, how throughout life, you can serve

You have heard it from all of us, teachers, that before you really can be a good professional nurse, you need to be much like an artist: have a general idea of what you expect to accomplish, then start putting the idea into effect, and, pausing occasionally to recollect, contemplate, and maybe to add some other strokes

You will have to pass through many changes in the transition from student to graduate nurse. Your student's world was a homogenous one, in which similar goals and interests were shared. The emphasis was on learning, getting grades and passing examinations. As a graduate nurse you are part of a "system", rather an impersonal one at that. The center of your world is going to shift from learning to mest patients' needs, to actual y mesting their needs. Now (at last) you are going to decide with others, to cooperate and to coordinate.

You are going to find new "freedom", but this "freedom" carries within itself unsuspected pitfalls and a great deal of responsibility. I am sure you may revel in this newly found independence by rejecting (or circumventing) the many administrative rules, regulations and policies, that limit your supposed new freedom. Or you may succumb, submit to the pressure of the group, to do things "their" way, adopt "their" attitudes, and not change anything in your work situation.

You, as a new graduate, must plan to learn continually from your daily experiences and opportunities. Years of experience ahead of you can be years of learning — if you retain your curiosity, awareness and willingness to seek these new experiences. You can deliberately seek to grow into new responsibilities working for the good of the situation as well as for your own welfare, knowing that one is dependent on the other.

You have entered, walked under and now passed through an invisible, but so real portal, on which there is the following inscription

"Enter in to learn Go forth to serve."

Karl Bohdanecky, R.N., R.P.N.

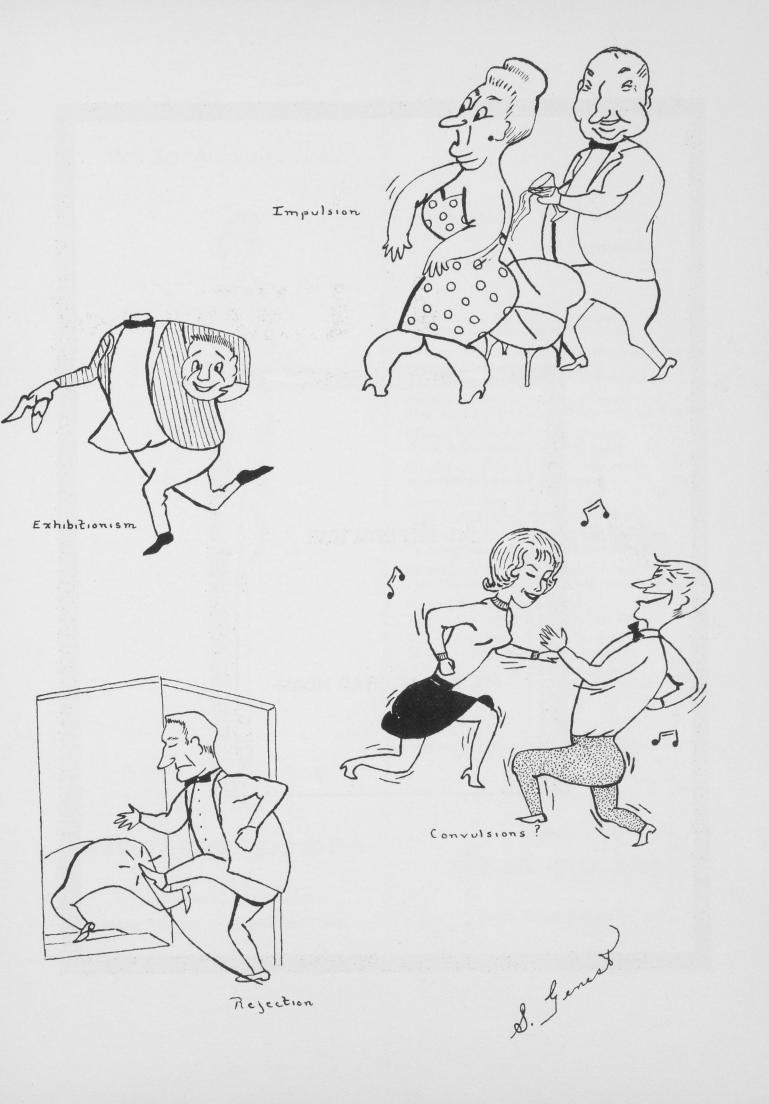
ANNUAL PARTY

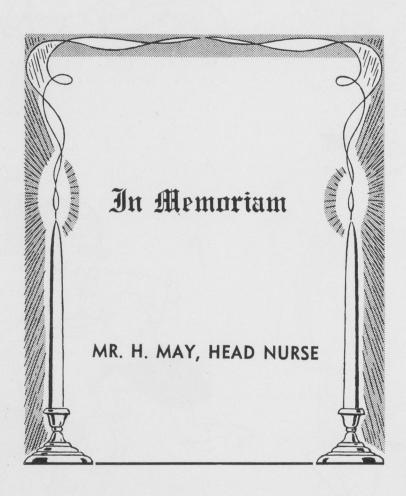












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Blessed are they who understand My faltering steps and palsied hand.

Blessed are they who know that my ears, today

Must strain to catch the things they say.

Blessed are they who seem to know That my eyes are dim and my wits are slow.

Blessed are they who looked away When coffee spilled at table today.

Blessed are they with a cheery smile Who stop to chat for a little while,

Blessed are they who never say, "You've told that story twice today."

Blessed are they who know the ways To bring back memories of yesterdays.

Blessed are they who make it known That I'm loved, respected, and not alone.

Blessed are they who know I'm at a loss To find the strength to carry the Cross.

Blessed are they who ease the days On my journey home in loving ways.

> Author unknown Submitted by M. Milne

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"Practically there should be for each of you a busy, useful, and happy life; more you cannot expect; a greater blessing the world cannot bestow. Busy you will certainly be, as the demand is great, both in private and public, for women with your training. Useful your lives must be, as you will care for those who cannot care for themselves, and who need about them, in the day of tribulation, gentle hands and tender hearts. And happy lives shall be yours, because busy and useful; having been initiated into the great secret — that happiness lies in the absorption in some vocation which satisfies the soul; that we are here to add what we can to, not to get what we can from, life."

Sir William Osler



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